

Puerto Rico Missions Team Packing List 2019



Luggage Regulations

Small carry on (i.e. small to medium back pack...same back pack you will take out to the outreaches/construction)

Check in luggage: one bag filled with your personal items (take photos of what is in your bag) Check your particular airline to see the lb. limit.

Packing List

- Government issued photo ID (i.e. driver's license, passport, state ID)
- Spending \$ for extra snacks, souvenirs, offerings, etc.
- Something inspiring to read
- Bible
- Notepad/pens
- Towel and wash rag
- Sleeping bag or light blanket, single sheet set, pillow
- Beach towel (free day activities)
- Small container of laundry detergent (if you think you need to wash something out by hand)
- Medications (i.e. cough drops, pain reliever, anti-itch cream, anti-diarrhea) and some type of immune builder such as Silver Biotics
- Vitamins
- Sunglasses
- Mosquito repellent
- Suntan lotion and chap stick
- Antibacterial hand sanitizer (to carry in your backpack)
- Baby wipes (to carry in your backpack)
- Several small packages of kleenexes (to carry in your backpack) as may be needed for toilet paper
- Cell phone is optional/cell phone charger
- Mini flashlight and batteries
- Battery operated alarm clock
- Money belt (optional)
- Snacks (i.e. mini candy bars, beef jerky, gum, peanut butter and crackers, chez mix, nuts, dried fruit, pudding cups, hard candy)
- Refillable water bottle (Nalgene or wide mouth water bottle)
- Plastic container of peanut butter and squeeze bottle of your favorite jelly (sharing with the team for lunches)
- Fuel t-shirts (youth will be wearing these shirts daily for ministry outreaches)
- Old, light weight comfortable closed toe shoes for outreaches and construction (i.e. tennis shoes, work boots)
- Flip flops (wearing in missions compound and possibly in the showers)
- Dressier shoes for church on Sunday
- Long skirt or dress below the knee for church services
- Females: nice dress pants for some church services (must have at least one dress or skirt as well)
- Tops
- Modest PJs (**no leggings, yoga pants, or PJ shorts shorter than mid-thigh for PJs**)
- Underwear (preferably one for each day of the trip (8+))
- 6-8 jeans/pants/shorts combinations
- Swimsuit (modest one piece/may want to bring a t-shirt to wear over swimsuit if low cut)
- Sweatshirt (for the plane and possibly evenings and early mornings)
- Lightweight rain jacket

-Toiletries (i.e. toothbrush, tooth paste, shampoo, conditioner, deodorant, face cleanser, body soap, makeup, perfume/cologne, feminine products)

Construction Items to Bring Youth and Adults

-work gloves

Adults only

-hammer
-measure
-chalk line
-tool belt

If you have a drill you can pack (battery operated or plug in), bring drill bits and tips - if you have a level, skill saw, etc, please bring what you can.

Ministry Items to Give Away or Use for outreach

-Two large bags of hard candy
-Two packs of stickers
-Large bottle of bubbles with bubble wand or pack of several small bottles
-Optional: small toys, cars, balls, games to give away
-Face paint (youth only)

DO NOT PACK IN YOUR CARRY-ON

-Do not pack any liquids over 3 oz in your carry on (including peanut butter and jelly)

DO NOT PACK THESE AT ALL....LEAVE AT HOME

-Do not pack any knives, fireworks, explosives, etc.
-Do not pack anything that you would be really upset about losing or getting stolen
-Tank tops that are low cut or have straps less than 1" in width
-Dresses or skirts above the knees
-Overly tight pants or jeans
-Jeans or pants with holes in them
-Shorts that are shorter than mid-thigh (*measure by taking your hand and reaching your finger tips from your knee up....shorts should not be any short than where your wrist lies on your leg when standing up*)
-Any clothing that advertises Christian or secular rock bands, or any clothing advertising drugs (i.e. alcohol, tobacco, marijuana)
-Expensive or gaudy jewelry
-Leggings or yoga pants

DO NOT WEAR

-A two piece swimsuit without a non-see through shirt over it
-Jewelry in any body part except your ears, and no more than two earrings per ear

Expected construction and clean up site dress code:

- 1) Closed toe shoes (i.e. tennis shoes, light weight boots) that might get ruined
- 2) Conservative shorts, pants, or jeans for men
- 3) T-shirt or appropriate tank tops

Expected outreach dress code:

- 1) Approved shorts, pants, jeans or skirts below the knee
- 2) Comfortable shoes
- 3) T-shirts or button up shirts

Expected church dress code:

- 1) Guys: Casual dress pants, nice jeans with nice shirt
- 2) Gals: Below the knee dress or skirt with nice top (some churches, but not all, allow dress pants)
- 3) Nice but comfortable shoes (no flip flops for church please)

If leadership asks you to change your clothes for any reason, please respect this.