

## Colorado Packing List and Dress Code 2018



### Luggage Regulations

Small Back Pack (needed for outreaches for personal items)

Larger Luggage: one duffle bag/suitcase filled with your personal items

### Packing List

- Identification card of some nature (i.e. school ID, driver's license, passport)
- Spending \$ for extra snacks, souvenirs, offerings, etc.
- Health insurance card
- Something inspiring to read
- Bible
- Notepad/pens
- Sleeping bag, single sheet single or double (may need blow up mattress or camping sleeping pad or cot...will let you know)
- Bathing towel and wash rag
- Small container of laundry detergent (if you think you need to wash something out by hand)
- Medications (i.e. cough drops, pain reliever, anti-itch cream, anti-diarrhea) and some type of immune builder such as Silver Biotics
- Vitamins
- Sunglasses
- Mosquito repellent (optional)
- Suntan lotion and chap stick
- Antibacterial hand sanitizer (to carry in your backpack)
- Baby wipes (to carry in your backpack)
- A couple packages of kleenexes (to carry in your backpack)
- Cell phone is optional/cell phone charger (will not be allowed to use it during the trip except during specified times)
- Mini flashlight and batteries
- Battery operated alarm clock (phone will not be available for an alarm)
- Snacks you like (i.e. mini candy bars, beef jerky, gum, peanut butter and crackers, chez mix, nuts, dried fruit, pudding cups, hard candy)
- Refillable water bottle (Nalgene or wide mouth water bottle) with your name on it in permanent marker
- Plastic container of peanut butter and squeeze bottle of your favorite jelly (sharing with the team for lunches) OR you may choose to pick up lunch meat and sliced cheese for a team of 10
- Fuel t-shirts (you will be wearing these shirts daily for ministry)
- Old, light weight comfortable closed toe shoes for outreaches and construction
- Flip flops (wearing at the campground and possibly in the showers)
- Modest tank tops (females make sure your chest is covered appropriately when you bend over...no cleavage please)
- Modest PJs (no low cut tops, see throughs, or short shorts)
- Underwear (preferably one for each day of the trip (7+))
- 4-7 jeans/pants/shorts combinations (shorts must NOT be shorter than mid thigh)
- Swimsuit (modest one piece/may want to bring a t-shirt to wear over swimsuit if low cut)
- Sweatshirt (possibly evenings and early mornings)
- Lightweight rain jacket
- Toiletries (i.e. toothbrush, tooth paste, shampoo, conditioner, deodorant, face cleanser, body soap, makeup, perfume/cologne, feminine products)

## **Ministry Items to Bring**

- Work gloves (for trash pickup at the trailer park)
- Items to give away:
  - One large bag of hard candy
  - One pack of stickers
  - Large bottle of bubbles with bubble wand
  - Optional: small toys, cars, balls, games to give away
- Face paint for VBS

## **DO NOT PACK**

- Do not pack any knives, fireworks, explosives, etc. in your luggage
- Do not pack anything that you would be really upset about losing or getting stolen

## **DRESS CODE**

Please **DO NOT** wear the following items:

- 1) Tank tops that are low cut and show cleavage (females of course)...width of tank top must be at least 1 inch (no spaghetti straps)
- 2) Shorts that are shorter than mid thigh
- 3) Dresses or skirts above the knees at churches or outreaches
- 4) Two-piece swimsuits (unless worn with a non see through t-shirt over the top)
- 5) Tight pants/jeans or jeans with holes (conservative amount of holes may be worn in the missions compound only)
- 6) Pierced rings in any part of your body other than your ears (only two rings per ear during the trip)
- 7) Immodest shorts, bicycle shorts (*measure by taking your hand and reaching your finger tips from your knee up....shorts should not be any short than where your wrist lies on your leg when standing up*)
- 8) Any clothing that advertises Christian or secular rock bands, or any clothing advertising drugs (i.e. alcohol, tobacco, marijuana)
- 9) Expensive or gaudy jewelry
- 10) Leggings or yoga pants without shorts over them

### **Expected trash pickup dress code:**

- 1) Closed toe shoes (i.e. tennis shoes, light weight boots) that might get ruined
- 2) Conservative shorts, pants, or jeans
- 3) Fuel T-shirt

### **Expected outreach dress code:**

- 1) Conservative shorts, pants, jeans or skirts below the knee (females only :))
- 2) Comfortable shoes
- 3) Fuel T-shirt

### **Expected church dress code:**

You will wear the Fuel team t-shirt with nice conservative shorts/jeans/pants